

WELCOME TO

# **BFC**

RESTAURANT-CAFE

BREAKFAST • LUNCH



OPEN 7 Days a Week • Café is Open Until 9 pm • 8:00 am to 3:00 pm for Breakfast & Lunch

## BREAKFAST

<b>Bacon and Eggs</b> 3 eggs, 3 strips of bacon	\$ 8.75
<b>Sausage and Eggs</b> 3 eggs, 3 sausages	\$ 8.75
<b>Ham and Eggs</b> 3 eggs, 2 slices of Virginia ham	\$ 8.75
<b>Peameal and Eggs</b> 3 eggs, 3 slices peameal	\$ 9.45
<b>Turkey Bacon and Eggs</b> 3 eggs, 3 strips of turkey bacon	\$ 9.45
<b>Light Breakfast</b> 3 eggs, toasted English muffin and fresh fruit bowl	\$ 9.95
<b>Perfect Landing</b> 3 eggs, and smoked meat	\$ 10.95

## PILOT'S CHOICES

<b>Steak and Eggs</b> 3 eggs, 7 ounce Angus beef strip loin	\$ 15.95
<b>Faithful Annie</b> 3 eggs, 2 strips of bacon, 2 sausages	\$ 8.95
<b>Crack of Dawn</b> 3 eggs, 1 peameal, 1 ham, 1 sausage, 1 slice of bacon	\$ 11.45
<b>French Connection</b> 3 eggs, 2 sausages, 2 strips of bacon, 2 pieces of French toast	\$ 13.45
<b>Slapshot</b> 3 eggs, 2 strips of bacon, 2 sausages, 2 pancakes	\$ 12.95

## BFC OMELETTES

<b>Cheese Omelette</b> 4 eggs with melted cheddar cheese	\$ 8.45
<b>Bacon and Cheese Omelette</b> 4 eggs with bacon and melted cheddar cheese	\$ 9.45
<b>Mushroom Omelette</b> 4 eggs with sautéed mushrooms	\$ 8.45
<b>Mushroom, Bacon and Cheese Omelette</b> 4 eggs, sautéed mushrooms, bacon and melted cheddar cheese	\$ 10.45
<b>Western Omelette</b> 4 eggs, sautéed onions, peppers and ham	\$ 10.45
<b>Deluxe Omelette</b> 4 eggs, ham, peppers, onions, tomatoes, mushrooms, spinach, melted cheddar cheese	\$ 12.95
<b>Greek Omelette</b> 4 eggs, sautéed onions, tomatoes and feta cheese	\$ 10.45
<b>Spinach and Feta Omelette</b> 4 eggs, sautéed spinach and feta cheese	\$ 9.45
<b>Garden Omelette</b> 4 eggs, sautéed onions, peppers, tomatoes, spinach and mushrooms	\$ 12.45
<b>Billy Bishop Omelette</b> 4 eggs, grilled sausage, bacon, ham, sautéed onions, peppers, and melted cheddar cheese	\$ 13.25

Breakfast, Omelettes, and Pilot's Choices are served with home fries, and your choice of whole wheat, rye or white bread.



## BENEDICTS

### BFC Original Benedict \$ 12.45

3 poached eggs, 2 grilled peameal on an English muffin, topped with Hollandaise sauce, home fries

### Eggs Florentine \$ 13.45

3 poached eggs, 2 grilled peameal with sautéed spinach on an English muffin, topped with Hollandaise sauce, home fries

### Flight Deck \$ 12.45

3 poached eggs, 2 grilled peameal on a toasted bagel topped with melted cheddar cheese, home fries

## SKILLET BREAKFAST

### Great Canadian Skillet \$ 12.45

3 eggs, chopped bacon, sautéed mushrooms, peppers, onions, home fries, topped with melted cheddar cheese

### Holding Pattern Skillet \$ 11.45

3 eggs, grilled sausages, sautéed onions, peppers, home fries, topped with melted cheddar cheese

### Farmers Skillet \$ 10.50

3 eggs, 2 pieces of grilled ham, home fries, topped with melted cheddar cheese

## BFC SANDWICHES

All sandwiches are served with home fries

### BLT \$ 7.50

4 strips of bacon, lettuce and tomato

### Toasted Western \$ 7.95

3 eggs, sautéed onions, peppers, Virginia ham

### Toasted Fried Egg \$ 6.45

2 eggs broken yolks

### PLT \$ 8.45

3 pieces of grilled peameal, lettuce and tomato

### Grilled Cheese \$ 4.95

### McPilot \$ 8.45

2 eggs broken yolks, 2 pieces grilled peameal, cheddar cheese on a brioche bun

## PILOT'S CHOICES

### French Toast \$ 8.50

3 pieces

### Waffle \$ 9.45

Your choice of: Plain or berry compote with whipped cream

### Pancakes \$ 7.50

3 pieces

Served with pancake syrup and butter

Add chocolate chip, banana or blueberries \$ 2.00

Canadian Maple Syrup \$ 2.00

## EXTRAS

Home Fries \$ 3.50

Bacon 4 pieces \$ 4.00

Ham 2 slices \$ 4.50

Peameal 3 slices \$ 6.00

Coleslaw \$ 2.50

Whole Tomato slices \$ 3.00

Hollandaise \$ 3.95

Fruit bowl \$ 4.50

Extra Egg \$ 1.50

Toast \$ 2.50

Chipotle Mayonnaise \$ 1.50

Cheese \$ 1.50



## SOUP OF THE DAY

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Made fresh daily, ask your server \$ 4.50

## SALADS

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**House Salad** Small \$ 5.45 Large \$ 7.45

Ice berg lettuce, radishes, onions, cucumbers, and tomatoes with Catalina or balsamic dressing

**Greek** Small \$ 6.45 Large \$ 9.45

Romaine lettuce, red onion, tomatoes, cucumbers, bell peppers, feta, Kalamata olives and Greek dressing

**Caesar** Small \$ 5.75 Large \$ 8.45

Romaine lettuce, bacon, croutons, parmigiano, house Caesar dressing

## SPECIALTY SALADS

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**Grilled Haloumi and Roasted Vegetable Salad** \$ 14.95

Julien cut roasted garden vegetables, spinach leaves, balsamic dressing, topped with grilled haloumi cheese

**Scooters Cobb** \$ 15.45

Grilled chicken breast, cucumber, tomatoes, bacon, croutons, sharp cheddar, egg wedges, romaine lettuce, red onion, Roquefort dressing

**Taco Salad with Catalina Dressing** \$ 14.45

Ice berg lettuce, seasoned ground beef, yellow peppers, red peppers crushed nacho chips and shredded cheddar

## SANDWICHES FROM THE DELI

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**Tuna Salad** \$ 4.65

**Egg Salad** \$ 4.25

**Turkey** \$ 4.95

**Virginia Ham** \$ 4.95

Above sandwiches served with your choice of bread:  
white, rye or brown



# MAINS

Our burgers are house made and hand formed and are 100% AAA Canadian Beef

## BFC Signature Burger

\$ 9.95

Grilled Maple bacon, sharp cheddar, garlic aioli with lettuce, tomato, red onion and pickles on a brioche bun

## Pulled Pork

\$ 9.45

Chipotle bbq sauce topped with coleslaw on a ciabatta bun

## Classic Burger in Paradise

\$ 6.45

Lettuce, tomato, red onion, pickles and Chef's own sauce on a brioche bun

## Fish on a Bun

\$ 15.45

Halibut in a crispy beer batter, lettuce, mayo, pickles on a brioche bun

Extra Burger

\$ 5.45

Sharp Cheddar

\$ 2.00

Add Fried Egg

\$ 1.50

Cheddar

\$ 1.50

## Chicken Fingers

\$ 10.45

With Plum Sauce

## Garden Burger

\$ 9.45

Vegetarian burger, avocado, sharp cheddar, lettuce and tomato on a brioche bun

## Chicken Parmesan

\$ 9.45

Panko hand breaded chicken breast, tomato sauce and melted mozzarella on a ciabatta bun

## New York Strip Loin Sandwich

\$ 12.95

7oz New York Strip Loin cooked to your preference on a ciabatta bun, top with caramelized onions and sautéed mushrooms

## Chicken Quesadilla

\$ 9.75

Sautéed onions, peppers, tomatoes, mushrooms, and melted cheddar cheese served with sour cream and salsa

## Chicken Souvlaki on a Pita

\$ 8.95

One fire grilled skewer of chicken tender chunks, marinated in olive oil and herbs, served on a pita bread with shredded lettuce, diced tomatoes, diced onion, tzatziki sauce

## It's a Wrap

\$ 10.45

Grilled Chicken Breast or Crispy Chicken, lettuce, tomatoes, avocado, bacon, chipotle aioli in a tortilla wrap

## Club Chicken Sandwich

\$ 8.75

Grilled chicken breast on a ciabatta bun with bacon, lettuce, tomatoes, avocado, chipotle aioli

## Grilled Veggie Wrap

\$ 9.45

Grilled veggies with tzatziki spread in a tortilla wrap

## Triple Deck Club House

\$ 12.45

Lettuce, tomato, bacon, turkey breast

## Mumbai Grilled

\$ 8.75

Mint, coriander, and ginger chutney, tomatoes, red onions, cucumber and melted mozzarella

Above Items served with your choice of house cut fries, salad or coleslaw



# ENTREES

<b>Chef's Meat Loaf</b>	\$ 11.45
Julienned cut roasted garden vegetables, mashed potatoes, and onion gravy	
<b>Shepherd's Pie</b>	\$ 14.45
Braised lamb, root vegetables, peas, mashed potatoes	
<b>Fish and Chips</b>	\$ 17.95
Halibut in crispy beer batter, coleslaw, tartar sauce, lemon wedge	
Extra piece of fish	\$ 11.95
<b>Hot Hamburger</b>	\$ 12.95
Served with house cut fries, fried onions and gravy	
<b>Chicken Souvlaki Dinner</b>	\$ 14.45
Fire grilled two skewers of chicken tender chunks, marinated in olive oil and herbs, served with rice, roasted garden vegetables, tzatziki sauce, Greek salad and pita bread	

## SMALLER PORTIONS

Designed for kids, elders and light appetites

## SIDES

<b>Bacon and Eggs</b>	\$ 6.75	<b>Small/Large Fries</b>	\$ 3.50 / \$ 4.65
2 eggs, 1 strip of bacon, 1 sausage, 1 slice of toast, and home fries		<b>Gravy</b>	\$ 1.50
<b>French Toast</b>	\$ 6.75	<b>Roasted Vegetables</b>	\$ 3.95
1 piece, 1 strip of bacon, 1 sausage, and home fries		<b>Small/Large Poutine</b>	\$ 4.45 / \$ 6.45
<b>Chicken Fingers</b>	\$ 7.45	<b>Tzatziki</b>	\$ 3.50
3 tender strips served with house cut fries and plum sauce		<b>Rice</b>	\$ 2.50
<b>Pancake</b>	\$ 5.95	<b>Sweet Potatoe Fries with Chipotle Mayo</b>	\$ 5.45
1 piece, 1 strip of bacon, 1 sausage, and home fries			
<b>Chocolate Pancake</b>	\$ 6.45		
1 piece, 1 strip of bacon, 1 sausage, and home fries			



# FROM THE BAR

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License AGCO 40896

## Beer

Please ask your server for the selection of local and imported beer

## Wine

Our white and red house wines are available by the glass or by the bottle  
Your server can provide you with a list of available wines

## Cocktails

Rye, Rum, Vodka and Gin are available with your choice of mix

# DESSERTS

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**Ask your server about our Dufflet Dessert options**



# Catering-Take Out or Dine In

## *Take Flight!*



**Chef Jim Malliaros**  
Catering - Take Out

905-838-1400 Ext. 219  
905-838-1400 Ext. 244

**Special Events - Contact Nanci Soldo**  
Book a Flight - Brampton Flight Centre  
Great War Flying Museum

905-838-1400 Ext. 333  
905-838-1400 Ext. 0  
905-838-4936

**Recreational Aircraft Association**  
Snowy Owl Air Cadet Squadron

Paul\_Yardy@Hotmail.com  
905-838-2133

**Give Us Feedback on Your Experience - Online Form**  
<https://www.bramptonflightcentre.com/community/service-excellence/>

**If there is something you fancy, please ask and we will do  
our best to accommodate your request**

**Elders (65+) 10% Off all orders over \$5.00**