

WELCOME TO

# BFC

RESTAURANT-CAFE

BREAKFAST • LUNCH



OPEN 7 Days a Week • Café is Open Until 9 pm • 8:00 am to 3:00 pm for Breakfast & Lunch

## FOR KIDS (12 and under)

## FOR SENIORS ( 65 + )

<b>Bacon and Eggs</b> 1 egg 1 strip bacon or 1 Sausage or 1 Ham 1 pcs toast and homefries	\$ 6.95
<b>French Toast (2 Pcs)</b>	\$ 6.95
<b>Pancakes (2 Pcs)</b>	\$ 6.95
<b>Chicken Fingers</b> 2 Pcs strips served with French fries and plum sauce	\$ 7.95
<b>2 Pcs Bacon or sausage or ham</b>	\$ 1.75
<b>Add: Blueberries , banana, chocolate chips, whipped cream</b>	\$1.55 Each

<b>Bacon and Eggs</b> 2 Bacon or 2 sausage or 2 ham	\$ 8.95
<b>French Toast (2 Pcs)</b> 2 Bacon or 2 Sausage	\$ 8.95
<b>Pancakes (2 Pcs)</b> 2 Bacon or 2 Sausage	\$ 8.95
<b>Chicken Fingers</b> 3 Pcs strips served with French fries and plum sauce	\$ 8.95
<b>Add: Blueberries , banana, chocolate chips, whipped cream</b>	\$1.55 Each

## BREAKFAST

<b>Bacon and Eggs</b> 3 eggs, 4 strips bacon, home fries and toast	\$ 11.95
<b>Sausage and Eggs</b> 3 eggs, 4 sausage, home fries and toast	\$ 11.95
<b>Ham and Eggs</b> 3 eggs, 4 pcs Virginia ham, home fries and toast	\$ 13.55
<b>Peameal and Eggs</b> 3 eggs, 3 pcs peameal, home fries and toast	\$ 13.55
<b>Turkey and Eggs</b> 3 eggs, 4 pcs Turkey, home fries and toast	\$ 14.95
<b>Corned Beef Hash and Eggs</b> 3 eggs, home fries and toast	\$ 14.95
<b>Healthy Breakfast</b> 3 eggs any toast and fresh cut fruit bowl	\$ 13.55

## BFC OMELETTES

<b>Cheese Omelette</b> 4 eggs with cheddar cheese, home fries and toast	\$ 10.95
<b>Mushroom Omelette</b> 4 eggs with sautéed mushrooms, home fries and toast	\$ 11.95
<b>Western Omelette</b> 4 eggs with onions, peppers, ham, home fries and toast	\$ 13.25
<b>Deluxe Omelette</b> 4 eggs with ham, peppers, onions, tomatoes, mushroom, spinach, cheddar cheese, home fries and toast	\$ 15.55
<b>Spinach and Feta Omelette</b> 4 eggs with spinach, feta cheese, home fries and toast	\$ 12.55
<b>Garden Omelette</b> 4 eggs with sautéed onions, peppers, tomatoes, spinach, mushroom, home fries and toast	\$ 14.55
<b>Mexican Omelette</b> 4 eggs with mild spicy salsa, cheddar cheese, home fries and toast	\$ 14.95
<b>Greek Omelette</b> 4 eggs, red and green peppers, feta cheese, home fries and toast	\$ 14.95

Any items substitute

Extra \$1.75



## PILOT'S CHOICES

### Steak and Eggs

3 eggs, with grilled striploin, home fries and toast

\$ 21.95

### Farmers Breakfast

3 eggs, 2 strips of bacon, 2 sausages, 2 ham, home fries and toast

\$ 14.95

### French Connection

3 eggs, 2 strips of bacon, 2 sausages, 2 pcs french toast and home fries

\$ 16.95

### Slapshot

3 eggs, 2 strips of bacon, 2 sausages, 2 pcs pancakes and home fries

\$ 16.95

### Bagel & Lox

Toasted bagel, cream cheese, topped with red onion, capers with smoked salmon

\$ 10.95

### Egg on an English Muffin

2 Fried egg, 2 bacon, cheddar cheese and home fries

\$ 8.95

### French Toast (3 Pcs)

Served with syrup and butter

\$ 11.55

### Buttermilk Pancakes (3 Pcs)

Served with pancake syrup and butter

\$ 11.55

### Honeymoon Pancakes or French Toast (3 Pcs)

Topped with seasonal fruits, nutella & whipped cream

\$ 14.95

**Add chocolate chip, banana or blueberries**

**\$2.25 Each**

### Great Canadian Skillet

3 eggs, chopped bacon, sautéed mushrooms, peppers, onions, on home fries, and topped with shredded cheddar cheese and toast

\$ 16.25

### Veggie Skillet

3 eggs, sautéed red and green peppers, onions, sliced mushrooms, fresh baby spinach, diced tomatoes, on home fries and toast

\$ 14.95

## BENEDICTS

### Spinach & Feta Benedict

3 poached eggs, sautéed spinach & feta, English muffin, topped with Hollandaise sauce and home fries

\$ 12.55

### Plain Egg Benedict ( No meat )

3 poached eggs, an English muffin topped with Hollandaise sauce and home fries

\$ 11.55

### Ham or Bacon or Turkey Bacon Benedict

3 poached eggs, 3 pcs ham or 4 pcs bacon, 4 turkey bacon, English muffin topped with hollandaise sauce and home fries

\$ 15.55

### Egg Benedict

3 poached eggs 2 peameal, English muffin topped with Hollandaise sauce and home fries

\$ 15.55

### Eggs Florentine

3 poached eggs, 2 peameal, English muffin Topped with Hollandaise sauce and home fries

\$ 16.55

### Eggs Royale

3 poached eggs, smoked salmon on an English muffin, topped with Hollandaise sauce, home fries

\$ 16.55

### Montreal Benedict

3 poached eggs, montreal smoked meat on an English muffin, topped with Hollandaise sauce, home fries

\$ 16.55



## BFC SANDWICHES/WRAPS

<b>BLT</b> Bacon, lettuce, tomato and choice of side	\$ 9.25	<b>Great Canadian Burger</b> Peameal bacon, cheddar, with lettuce, tomato, red onion, pickle on a bun and choice of side	\$ 15.55
<b>Toasted Western</b> Sautéed red & green peppers, onion and virginia ham and choice of side	\$ 10.55	<b>Hamburger</b> Lettuce, tomato, red onion, pickles on a bun and choice of side	\$ 12.55
<b>Peameal on a Bun</b> Grilled peameal, lettuce and tomato, cheddar cheese and choice of side	\$ 10.95	<b>Cheeseburger</b> Cheddar cheese, Lettuce, tomato, red onion, pickles on a bun and choice of side	\$ 13.55
<b>Grilled Cheese</b>	\$ 8.95	<b>Mushroom Swiss Burger 6oz</b> Sautéed mushrooms, swiss cheese, lettuce, tomato, red onion, pickles on a bun	\$ 15.55
<b>MacPilot</b> 2 eggs over hard grilled peameal cheddar cheese on a bun and choice of side	\$ 11.95	<b>Veggie Burger</b> Vegetarian burger, cheddar, lettuce and tomato on a bun	\$ 12.95
<b>Chicken Wrap</b> Grilled or crispy chicken, lettuce, tomatoes, avocado, bacon, chipotle aioli and choice of side	\$ 15.75	Add Fried Egg	\$ 1.75
<b>Grilled Veggie Wrap</b> Grilled veggie with red peppers hummus and choice of side	\$ 13.95	Add Cheddar/Swiss	\$ 1.95
<b>Pulled Pork Sandwich</b> Smoked low & slow, topped with coleslaw on a bun and choice of side	\$ 14.55	<b>New York Striploin Sandwich</b> Striploin cooked to your preference on a bun with sautéed mushrooms and choice of side	\$ 19.95
<b>Chicken Parmesan</b> Panko breaded chicken breast, tomato sauce and melted mozzarella on a bun and choice of side	\$ 15.95	<b>Chicken Souvlaki on a Pita</b> Tender chicken chunks, marinated in olive oil and herbs, served on a pita with shredded lettuce, diced tomatoes, onion, tzatziki sauce and choice of side	\$ 14.95
<b>Banquet Burger</b> Maple bacon, cheddar, with lettuce, tomato, red onion, pickle on a bun and choice of side	\$ 15.55	<b>Chicken Club House</b> Grilled chicken breast with bacon, lettuce, tomatoes, chipotle aioli, any bread and choice of side	\$ 16.95
<b>Awesome Burger</b> Ham, cheddar, with lettuce, tomato, red onion, pickle on a bun and choice of side	\$ 15.55	<b>Turkey Club House</b> Lettuce, tomato, bacon, turkey breast on any bread and choice of side	\$ 15.95
		<b>Montreal Smoked Meat</b> Smoked meat with mustard on rye, a pickle and coleslaw and choice of side	\$ 15.25
		Poutine	\$ 1.55 extra

## EXTRAS

Home Fries	\$ 3.75	Coleslaw	\$ 3.25	Extra Egg	\$ 1.50
Bacon 4 slices	\$ 4.55	Tomato slices	\$ 3.25	Toast	\$ 2.50
Ham 4 slices	\$ 4.95	Hollandaise	\$ 3.25	Chipotle mayonnaise	\$ 2.55
Peameal 3 slices	\$ 6.50	Fruit bowl	\$ 7.25	Cheese	\$ 2.75
				Gravy	\$ 2.25



## SOUP OF THE DAY

Made fresh, ask your server

Large \$ 5.95

Small \$ 4.25

## SALADS

### House Salad

Iceberg lettuce, bell peppers, red onions, cucumbers, tomatoes, Balsamic vinaigrette or French or Ranch

Large \$ 10.25

Small \$ 7.25

### Greek Salad

Iceberg lettuce, red onion, tomatoes, cucumbers, bell peppers, feta, Kalamata olives and Greek dressing

Large \$ 12.95

Small \$ 8.95

### Caesar Salad

Romaine lettuce, bacon, croutons, parmigiano, Caesar dressing

Large \$ 12.95

Small \$ 8.95

## SANDWICHES FROM THE DELI

### Tuna Salad

\$ 7.25

### Egg Salad

\$ 7.25

### Turkey + Cheddar

\$ 7.95

### Virginia Ham + Swiss

\$ 7.95

## MAINS

### Penne Pasta

\$ 16.25

Chicken and mushroom alfredo sauce, with garlic bread

### Chicken Fingers

\$ 19.95

Fries with plum sauce

### Chicken Souvlaki Dinner

\$ 15.95

Tender chicken chunks, marinated in olive oil and herbs, served with rice and Greek salad

### Fish & Chips

\$ 15.95

Haddock in crispy beer batter, coleslaw, tartar sauce, lemon wedge

Extra piece of fish

\$ 7.95

### Hot Hamburger

\$ 15.55

Grilled burger on Texas toast, smothered in gravy  
Served with french fries

## SIDES

### Fries

\$ 5.50

### Poutine

\$ 7.95

### Roasted Vegetables

\$ 5.25

### Rice

\$ 4.50



## FROM THE CAFÉ

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Coffee	\$ 2.39
Tea	\$ 2.39
Herbal Tea	\$ 2.75
Hot Chocolate	\$ 2.25
Orange/Apple Juice	\$ 1.90
Milk, Chocolate Milk	\$ 2.00
Soft Drinks	\$ 1.50

## FROM THE BAR

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### BEER

<b>DOMESTIC</b> Coors Light, Canadian, Labatt Blue, Moosehead	\$ 4.95
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<b>IMPORT</b> Heineken, Stella Artois	\$ 5.25
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### WINE (6oz)

White / Red	\$ 6.25
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### LIQUOR

Baileys, Grand Marnier, Kahlua, Rum, Rye, Vodka	\$ 7.00
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**Catering-Take Out  
or Dine In**

*Take Flight!*



**Chef Jim Malliaros**  
**Catering - Take Out**

**905-838-1400 Ext. 219**  
**905-838-1400 Ext. 244**

**Special Events - Contact Nanci Soldo**  
**Book a Flight - Brampton Flight Centre**  
**Great War Flying Museum**

**905-838-1400 Ext. 333**  
**905-838-1400 Ext. 0**  
**905-838-4936**

**Recreational Aircraft Association**  
**Snowy Owl Air Cadet Squadron**

**Paul\_Yardy@Hotmail.com**  
**905-838-2133**

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<https://www.bramptonflightcentre.com/community/service-excellence/>

**If there is something you fancy, please ask and we will do  
our best to accommodate your request**

**Elders (65+) 10% Off all orders over \$5.00**